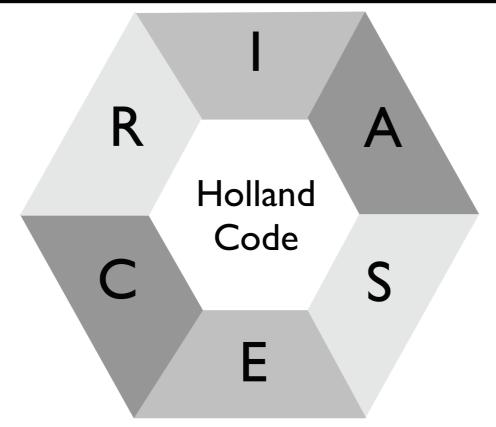
# What Are Your Career Interests?



This is based on Dr. John Holland's theory that people and work environments can be loosely classified into six different groups. Each of the letters above corresponds to one of the six groups described in the following pages.

Different people's personalities may find different environments more to their liking. While you may have some interests in and similarities to several of the six groups, you may be attracted primarily to two or three of the areas. These two or three letters are your "Holland Code." For example, with a code of "RES" you would most resemble the Realistic type, somewhat less resemble the Enterprising type, and resemble the Social type even less. The types that are not in your code are the types

you resemble least of all.

Most people, and most jobs, are best represented by some combination of two or three of the Holland interest areas. In addition, most people are most satisfied if there is some degree of fit between their personality and their work environment.

The rest of the pages in this booklet further explain each type and provide some examples of career possibilities, areas of study at MU, and cocurricular activities for each code. To take a more in-depth look at your Holland Code, take a self-assessment such as the SDS, Discover, or a card sort at the MU Career Center with a Career Specialist.

This hexagonal model of RIASEC occupations is the copyrighted work of Dr. John Holland, and is used with his permission. The Holland Game is adapted from Richard Bolles' "Quick Job Hunting Map." Copyright 1995, 1998 by the MU Career Center, University of Missouri-Columbia.

## Realistic (Doers)

## People who have athletic ability, prefer to work with objects, machines, tools, plants or animals, or to be outdoors.

Are you? practical straightforward/frank mechanically inclined

stable concrete reserved self-controlled independent ambitious systematic

Can you? fix electrical things solve electrical problems pitch a tent play a sport read a blueprint plant a garden operate tools and machine tinker with machines/vehicles work outdoors be physically active use your hands build things tend/train animals work on electronic equipment

## **Career Possibilities** (Holland Code):

Air Traffic Controller (SER) Archaeologist (IRE) Athletic Trainer (SRE) Cartographer (IRE) Commercial Airline Pilot (RIE) Commercial Drafter (IRE) Corrections Officer (SER)

Dental Technician (REI) Farm Manager (ESR) Fish and Game Warden (RES) Floral Designer (RAE) Forester (RIS) Geodetic Surveyor (IRE) Industrial Arts Teacher (IER)

Laboratory Technician (RIE) Landscape Architect (AIR) Mechanical Engineer (RIS) Optician (REI) Petroleum Geologist (RIE) Police Officer (SER) Practical Nurse (SER)

Property Manager (ESR) Recreation Manager (SER) Service Manager (ERS) Software Technician (RCI) Ultrasound Technologist (RSI) Vocational Rehabilitation Consultant (ESR)

# <u>Investigative</u> (Thinkers)

#### People who like to observe, learn, investigate, analyze, evaluate, or solve problems.

Are you? inquisitive analytical scientific observant/precise scholarly cautious

intellectually self-confident Independent logical complex Curious

Can you? think abstractly solve math problems understand scientific theories do complex calculations use a microscope or computer interpret formulas

Like to? explore a variety of ideas work independently perform lab experiments deal with abstractions do research be challenged

#### **Career Possibilities** (Holland Code):

Actuary (ISE) Agronomist (IRS) Anesthesiologist (IRS) Anthropologist (IRE) Archaeologist (IRE) Biochemist (IRS) Biologist (ISR)

Chemical Engineer (IRE) Chemist (IRE) Computer Systems Analyst (IER) Dentist (ISR) Ecologist (IRE) Economist (IAS) Electrical Engineer (IRE)

Geologist (IRE) Horticulturist (IRS) Mathematician (IER) Medical Technologist (ISA) Meteorologist (IRS) Nurse Practitioner (ISA) Pharmacist (IES)

Physician, General Practice (ISE) Psychologist (IES) Research Analyst (IRC) Statistician (IRE) Surgeon (IRA) Technical Writer (IRS) Veterinarian (IRS)

## **Artistic** (Creators)

People who have artistic, innovating, or intuitional abilities and like to work in unstructured situations using their imagination and creativity.

Are you? original creative imaginative innovative unconventional emotional independent Expressive

introspective impulsive sensitive courageous complicated idealistic nonconforming Can you? sketch, draw, paint play a musical instrument write stories, poetry, music sing, act, dance

design fashions or interiors

**Career Possibilities** (Holland Code):

Actor (AES) Advertising Art Director (AES) Advertising Manager (ASE) Architect (AIR) Art Teacher (ASE) Artist (ASI)

Dance Instructor (AER) Drama Coach (ASE) English Teacher (ASE) Entertainer/Performer (AES) Fashion Illustrator (ASR)

Copy Writer (ASI)

Interior Designer (AES) Intelligence Research Specialist (AEI) Journalist/Reporter (ASE)

Landscape Architect (AIR) Librarian (SAI)

Like to?

attend concerts, theatre, art exhibits read fiction, plays, and poetry work on crafts take photography express yourself creatively deal with ambiguous ideas

Medical Illustrator (AIE)

Museum Curator (AES)

Music Teacher (ASI) Photographer (AES) Writer (ASI) Graphic Designer (AES)

## **Social** (Helpers)

People who like to work with people to enlighten, inform, help, train, or cure them, or are skilled with words.

Are you? friendly helpful idealistic insightful outgoing understanding cooperative generous responsible forgiving patient kind

Can you? teach/train others express yourself clearly lead a group discussion mediate disputes plan and supervise an activity cooperate well with others

Like to? work in groups help people with problems do volunteer work work with young people serve others

## **Career Possibilities** (Holland Code):

City Manager (SEC) Clinical Dietitian (SIE) College/University Faculty (SEI) Community Org. Director (SEA) Consumer Affairs Director (SER)Counselor/Therapist (SAE)

Historian (SEI) Hospital Administrator (SER) Psychologist (SEI) Insurance Claims Examiner (SIE) Librarian (SAI) Medical Assistant (SCR) Minister/Priest/Rabbi (SAI) Paralegal (SCE)

Park Naturalist (SEI) Physical Therapist (SIE) Police Officer (SER) Probation and Parole Officer (SEC) Real Estate Appraiser (SCE) Recreation Director (SER) Registered Nurse (SIA)

Teacher (SAE) Social Worker (SEA) Speech Pathologist (SAI) Vocational-Rehab. Counselor (SEC) Volunteer Services Director (SEC)

## **Enterprising** (Persuaders)

People who like to work with people, influencing, persuading, leading or managing for organizational goals or economic gain.

Are you? self-confident assertive persuasive energetic adventurous popular

ambitious agreeable talkative extroverted spontaneous optimistic

Can you? initiate projects convince people to do things your way sell things give talks or speeches

organize activities lead a group persuade others

Like to?

make decisions be elected to office start your own business campaign politically meet important people have power or status

#### **Career Possibilities** (Holland Code):

Advertising Executive (ESA) Advertising Sales Rep (ESR) Banker/Financial Planner (ESR) Branch Manager (ESA) Business Manager (ESC) Buyer (ESA) Chamber of Commerce Exec (ESA)

Credit Analyst (EAS) Customer Service Manager (ESA) **Education & Training Manager** (EIS) Emergency Medical Technician (ESI)

Entrepreneur (ESA)

Foreign Service Officer (ESA) Funeral Director (ESR) Insurance Manager (ESC) Interpreter (ESA) Lawyer/Attorney (ESA) Lobbyist (ESA) Office Manager (ESR) Personnel Recruiter (ESR)

Politician (ESA) Public Relations Rep (EAS) Retail Store Manager (ESR) Sales Manager (ESA) Sales Representative (ERS) Social Service Director (ESA) Stockbroker (ESI) Tax Accountant (ECS)

## **Conventional** (Organizers)

People who like to work with data, have clerical or numerical ability, carry out tasks in detail, or follow through on others' instructions.

Are you? well-organized accurate numerically inclined methodical conscientious efficient conforming

practical thrifty systematic structured polite ambitious obedient persistent

Can you? work well within a system do a lot of paper work in a short time keep accurate records use a computer terminal

write effective business letters

Like to? follow clearly defined procedures use data processing equipment work with numbers type or take shorthand be responsible for details collect or organize things

## **Career Possibilities** (Holland Code):

Abstractor (CSI) Accountant (CSE) Administrative Assistant (ESC) Budget Analyst (CER) Business Manager (ESC) Business Programmer (CRI) Business Teacher (CSE) Catalog Librarian (CSE)

Claims Adjuster (SEC) Computer Operator (CSR) Congressional-District Aide (CES) Financial Analyst (CSI) Cost Accountant (CES) Court Reporter (CSE) Credit Manager (ESC) Customs Inspector (CEI) Editorial Assistant (CSI)

(SEC) Insurance Manager (ESC) Insurance Underwriter (CSE) Internal Auditor (ICR) Kindergarten Teacher (ESC)

**Elementary School Teacher** 

Medical Records Technician (CSE) Museum Registrar (CSE) Paralegal (SCE) Safety Inspector (RCS) Tax Accountant (ECS) Tax Consultant (CES) Travel Agent (ECS)